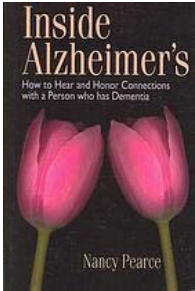
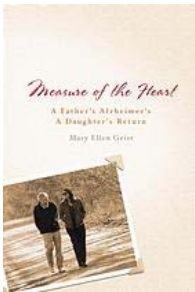


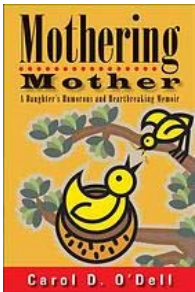
The Forgetting: portrait of Alzheimer's (DVD)
by Elizabeth Arledge
616.831 DFOR
A sweeping and intimate look at how this cruel disease affects nearly five million Americans and their loved ones.



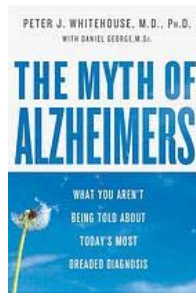
Inside Alzheimer's : how to hear and honor connections with a person who has dementia
Nancy D. Pearce
616.831 P315I
Pearce makes being with persons with dementia seem natural as she helps each one continue to participate in life as fully as possible.



Measure of the heart : a father's Alzheimer's, a daughter's return
Mary Ellen Geist
362.196 G278M
Geist offers insights on how to encourage interaction with the loved one being cared for; how to determine daily tasks that are achievable and rewarding; as well as invaluable advice about how caregivers can take care of themselves.



Mothering mother: a daughter's humorous and heartbreaking memoir
Carol D. O'Dell
305.26 OD22M
A candid, in-the-room account of the anguish, joy, frustration and satisfaction of home-caring for an elderly parent afflicted with Alzheimer's and Parkinson's disease.



The myth of Alzheimer's : what you aren't being told about today's most dreaded diagnosis
Peter J. Whitehouse
616.831 W587M
Challenges conventional perceptions about Alzheimer's disease to offer readers alternative approaches to memory loss and aging that can be aided through simple nutritional and exercise strategies.

WEB SITES

These sites can be accessed using the public Internet workstations in the Library's Adult Services Department.

<http://www.alz.org/>
Home page for the Alzheimer's Association.

<http://www.nia.nih.gov/alzheimers>

Alzheimer's Disease Education and Referral Center, sponsored by the National Institute on Aging.

<http://www.j-alz.com>
Articles relating to recent research on Alzheimer's.

<http://www.nlm.nih.gov/medlineplus/alzheimersdisease.html>
Links to information on research, treatment, clinical trials, care giving, alternative treatments and other pertinent information about Alzheimer's Disease. This site is provided by the National Library of Medicine.

<http://www.ahaf.org>
Home page for the American Health Assistance Foundation; click on the links for Alzheimer's.

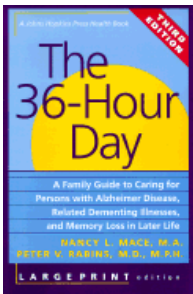
Alzheimer's Disease

This is a selection of materials that are held at the Racine Public Library about Alzheimer's Disease.

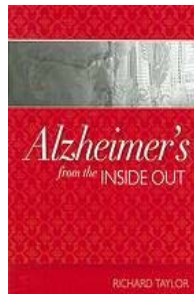


75 Seventh Street
Racine, WI 53403
racinelibrary.info

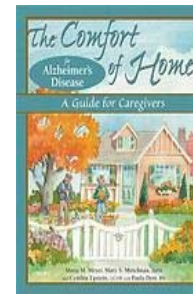
Adult Services: 262.636.9217
Circulation: 262.636.9241
Interlibrary Loan 262.636.9299
Youth Services: 262.636.9245



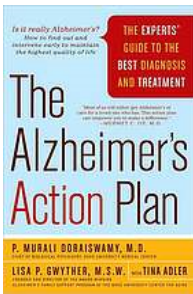
The 36-Hour Day: a family guide to caring for persons with Alzheimer disease, related dementing illnesses, and memory loss in later life
 by Nancy L. Mace
 616.831 M15T4 (also large print & Spanish 616.831MAC)
 This best-selling book has remained the "bible" for families who are giving care to people with Alzheimer disease.



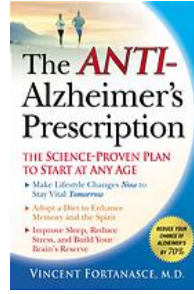
Alzheimer's from the inside out
 Richard Taylor
 362.196831 T217A
 Individuals with early-stage Alzheimer's disease will take comfort in the voice of a fellow traveler experiencing similar challenges, frustrations, and triumphs



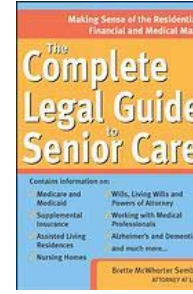
The comfort of home for Alzheimer's Disease : a guide for caregivers
 Maria M. Meyer
 649.8 M575CA
 For both family and para-professional caregivers this book shows how to be ready for all of Alzheimer's stages, with special emphasis on providing physical, day-to-day care safely and without conflict.



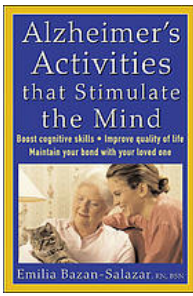
The Alzheimer's action plan : the experts' guide to the best diagnosis and treatment for memory problems
 P. Murali Doraiswamy and Lisa P. Gwyther
 616.831 D725A
 A masterful job of communicating what the layman should know on the treatment, the care giving and, most important, the prevention of Alzheimer's.



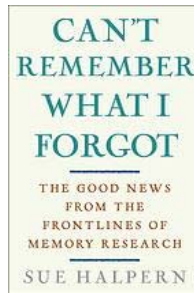
The anti-Alzheimer's prescription : the science-proven plan to start at any age
 Vincent Fortanasce
 616.831 F775A
 Unlike books which focus primarily on caring for an Alzheimer's patient after diagnosis, *The Anti-Alzheimer's Prescription* presents a program to lower your risk.



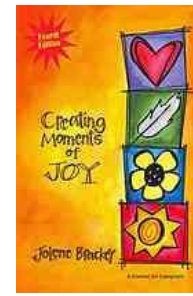
The complete legal guide to senior care
 Brette McWhorter Sember
 344.7303 SE521C
 Offers advice for dealing with residential, financial, and medical issues such as arranging wills, powers of attorney, reverse mortgages, and long-term care matters.



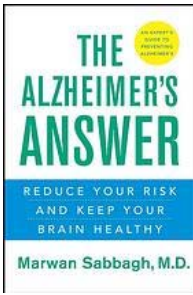
Alzheimer's activities that stimulate the mind
 Emilia C. Bazan-Salazar
 362.196831 B347A
 These therapeutic exercises meet a variety of interests, including crafts, music, gardening, outings, grooming, and more, appropriate for each of the four stages of the disease.



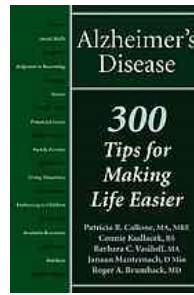
Can't remember what I forgot : the good news from the front lines of memory research
 Sue Halpern
 616.831 H163C
 Most of us won't develop Alzheimer's, but everyone will suffer some memory loss. The author covers what scientists are discovering about the brain, and what you can do to keep yours working better longer.



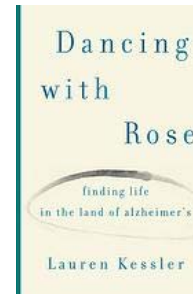
Creating moments of joy for the person with Alzheimer's or dementia
 Jolene Brackey
 362.196831 B725C4
 We may not be able to create a perfectly wonderful day with someone who has dementia, but it is absolutely attainable to create a perfectly wonderful moment.



The Alzheimer's answer : reduce your risk and keep your brain healthy
 Marwan Noel Sabbagh
 616.831 SA133A
 This sobering review of the current research on and recommendations for Alzheimer's argues for identifying and combating risk factors decades before symptoms appear.



A caregiver's guide to Alzheimer's disease : 300 tips for making life easier
 Patricia R. Callone
 616.831 C18
 This is an essential book for all those who want to focus on the capabilities that remain instead of those that have been lost.



Dancing with Rose : finding life in the land of Alzheimer's
 Lauren Kessler
 362.196831 K485D
 A moving account of the months the author worked as an unskilled resident assistant in an Alzheimer's facility while coming to terms with her own mother's death from the disease.